

Correct collection process is vital to receiving the most accurate NGS diagnostic results. Please follow the steps below.

**Do's & Don'ts**

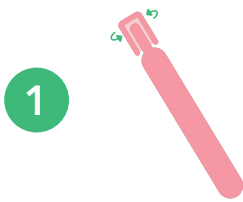
✓ **DO** - Vigorously swish & gargle all 5mL of saline solution for 30 seconds.

✗ **DO NOT** - Eat or drink anything 30 minutes prior to testing.

✗ **DO NOT** - Touch inside of collection tube or underside of cap.

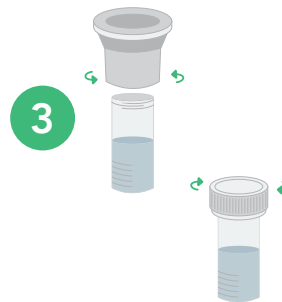
✗ **DO NOT** - Ingest preservative; if ingested, wash mouth with water and drink small quantities of water.

✗ **DO NOT** - Fill the collection tube past the 4mL line.



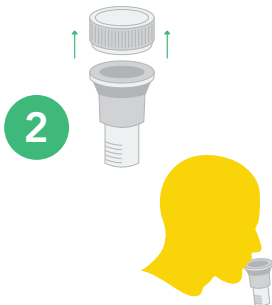
**1** Twist off cap of 5mL saline solution ampule and squeeze ampule into the mouth.

Swish solution in mouth for 30 seconds.



**3** Twist off the funnel portion.

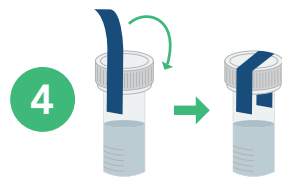
Place screw-on cap onto the collection tube and tighten.



**2** Remove large cap from collection funnel.

Spit the solution into the funnel and into the collection tube.

Fill the collection tube to the 3mL line.



**4** Place sticker over the collection tube cap. Ensure seal strip is firmly attached on both sides of collection tube to prevent cap from coming off during transit.



a. Use a permanent marker to write name and collection date on small tube/vial.

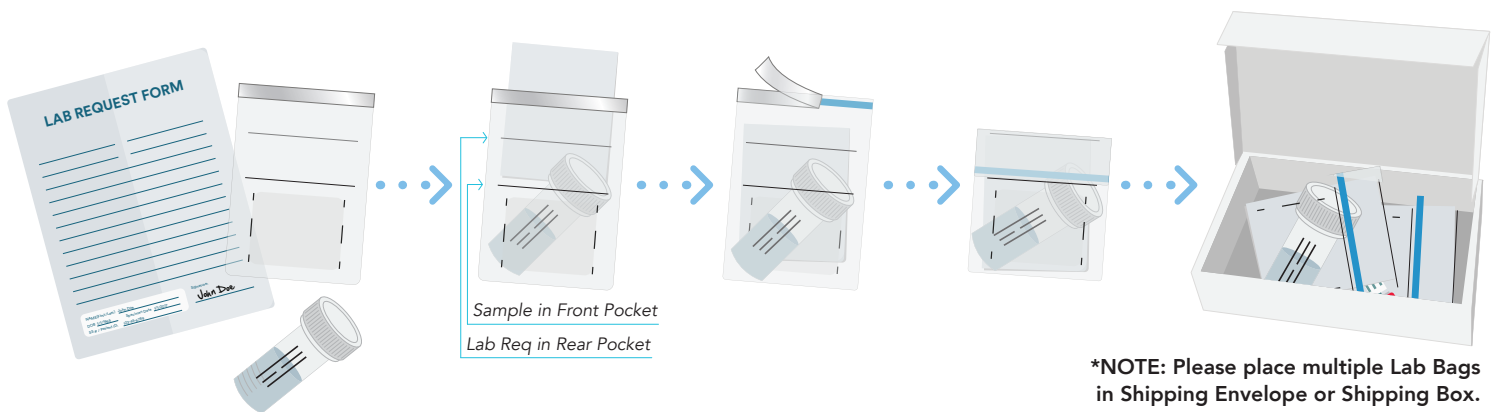
b. Please have the patient sign the lab requisition form accepting financial responsibility.

SEE SHIPPING INSTRUCTIONS NEXT 

## PACKING SAMPLES FOR SHIPMENT

1. Place the Sample Container into the front pocket (between the black hash-lines) of Biohazard Lab Bag
2. Place folded Lab Requisition Form into the back pocket of the Lab Bag
3. **IMPORTANT:** Place only one Sample and one Lab Requisition in each Lab Bag
4. Peel white strip off Lab Bag to expose adhesive backing and follow instructions printed on Bag to create a continuous, airtight seal
5. Place the sealed Lab Bag into the Prepaid FedEx Shipping Box
6. You can add multiple completed lab bags into 1 FedEx Shipping carton.

NOTE: More than one Lab Bag can be placed in the Shipping Box



## 2 CONVENIENT FEDEX SHIPPING METHODS

1. Drop into FedEx Dropbox including Kinkos FedEx locations
2. Call for pick up 1-800-GoFedEx (1-800-463-3339). Say "agent" twice to speak to agent. Let them know it's prepaid pick up.

When possible, retain your tracking number.

