Correct collection process is vital to receiving the most accurate NGS diagnostic results. Please follow the steps below.

**SEMEN SAMPLE COLLECTION METHOD**

**For Men**

**Do’s & Don’ts**

- **DO** - Clean the genital area with soap and water before collecting the sample.
- **DO NOT** - Use a condom to collect the semen.
- **DO NOT** - Touch the specimen with hands.

1. **Clean the genital area with soap and water.**

2. **Collect semen excretion into sterile container.**
   - **a.** Collect semen excretion into sterile container.
   - **b.** If enough excretion is collected cap and seal the container and prepare for shipping. If you have only collected a minimal amount, proceed to step 3.

3. **Place the swab into the tube and cap the tube and prepare for shipping.**
   - If only a minimal amount of semen excretion is collected (pea size amount) use the swab to collect the fluid by rolling swab through the fluid in the collection cup collecting as much fluid as possible on the swab tip.

4. **a.** Write the patient’s name and collection date on the label found on the lab requisition form and paste it on the collection container or vial. If there is no label use a permanent marker to write name and collection date on small collection bag or vial.
   - **b.** For private insurance plans please have the patient sign the lab requisition form accepting financial responsibility.

5. **Submit patient face sheet and demographics with insurance information or both sides of a patient’s insurance card.**

SEE SHIPPING INSTRUCTIONS NEXT
PACKAGING & SHIPPING
COLLECTION SAMPLES

PACKING SAMPLES FOR SHIPMENT

1. Place the Small Sample Collection Bag and/or Vials into the front pocket (between the black hash-lines) of Biohazard Lab Bag

2. Place folded Lab Requisition Form, into the back pocket of the Lab Bag

3. IMPORTANT: Place only one Sample and one Lab Requisition in each Lab Bag

4. Peel white strip off Lab Bag to expose adhesive backing and, following instructions printed on Bag, create a continuous, airtight seal

5. Place the sealed Lab Bag into the Prepaid FedEx Shipping Box*

3 CONVENIENT FEDEX SHIPPING METHODS

1. Drop into FedEx Dropbox / including Kinkos FedEx locations

2. Call for pick up 1-800-GoFedEx (1-800-463-3339) say "agent" twice to speak to agent. Let them know it’s prepaid pick up.

3. Use our online "schedule a pick up" page.
   
   When possible retain your tracking number.