



# **ORAL HEALTH** SAMPLE COLLECTION

## THIS TEST COMES WITH:







15mL Saline Solution

5 Dental Floss Picks







1 Bio Bag 1 Lab Requisition

Box with Return Label

# COLLECTION DO'S & DON'TS

- O DO Ship the sample as soon as possible after collection. MicroGenDX stability testing shows samples as viable at room temperature for at least 21 days after collection.
- O DO Brush teeth 30 minutes prior to testing. Rinse with water (not mouthwash) to remove excess toothpaste.
- **X** DO NOT Eat, drink, smoke, or use any tobacco products 30 minutes prior to testing.
- X DO NOT Touch the inside of the sterile 90mL collection cups.

#### STEP 1 — FLOSSING COLLECTION

#### STEP 1

Wash hands thoroughly.

#### STEP 2

Carefully unwrap the dental floss picks, try to only touch the plastic handles, avoid touching the floss.



#### STEP 3

Floss between all upper teeth with 2 of the floss picks. Repeat the same process for lower teeth with 2 more floss picks. You will have an extra floss pick just in case one breaks. When flossing, make sure to get under the gums as much as possible.



## STEP 4

Place all 4 floss picks into the same 90mL collection cup. Then make sure to tightly secure the lid.



## **STEP 2 — ORAL RINSE COLLECTION**

# STEP 1

Twist off cap of 5mL saline solution and pour into the mouth. Vigorously swish all 5mL of saline solution for 30 seconds.



Remove the lid from the second supplied 90mL Collection Cup; then place lid top-side down on a clean tissue. Spit the solution into the second 90mL Collection Cup.



Secure sample container lid tightly and completely. If cup has arrows, line up the two arrows and turn until you hear two clicks. This indicates the cup is locked. If cup does not have arrows, turn lid slowly and firmly to make sure the cap is secure.



**SEE PATIENT INFORMATION &** SHIPPING INSTRUCTIONS ON REVERSE





# PACKAGING & SHIPPING | COLLECTION SAMPLES

# PATIENT INFORMATION

#### 1. MARK SAMPLE

Use a permanent marker to write patient name, date of birth and sample collection date on both 90mL Collection Cups.



#### 2. SIGN LAB REQ

Please have the patient sign the lab requisition form accepting financial responsibility. Be sure the physician has also signed the lab requisition form confirming consent.



## PACKING SAMPLES FOR SHIPMENT

- 1. Place both of the 90mL Collection Cups into the center/sealable pocket of Biohazard Lab Bag.
- 2. Place folded Lab Requisition Form into the short pocket of the Lab Bag.
- 3. IMPORTANT: Place only one Sample and one Lab Requisition in each Lab Bag.
- 4. Peel strip off Lab Bag to expose adhesive backing and follow instructions printed on Bag to create a continuous, airtight seal.
- 5. Place the sealed Lab Bag into the MicroGenDX Shipping Box (shipping label already attached to bottom of box).
- **6.** Close the MicroGenDX Shipping Box and seal with the clear sealing sticker or a piece of tape.



# **3 CONVENIENT FEDEX SHIPPING METHODS**

- 1. Drop into FedEx Dropbox including Kinkos FedEx locations
- 2. For Physician Offices Only: Call for pick up 1-800-GoFedEx (1-800-463-3339). Say "agent" twice to speak to agent. Let them know it's prepaid pick up.
- **3.** For Physician Offices Only: Use our online "schedule a pick up" page at MicroGenDX.com. Make sure to retain your tracking number.

