

### THIS TEST COMES WITH:



2 Vaginal Swabs



Biohazard Bag



Lab Requisition



Shipping Box  
(with Return Label)

### COLLECTION DO'S & DON'TS

- ✓ **DO** — Ship your sample as soon as possible after collection. This is optimal, however, if there is a slight delay, MicroGenDX samples are stable significantly longer than culture samples.
- ✗ **DO NOT** — Use any topical treatments for 24 hours prior to sample collection.
- ✗ **DO NOT** — Take antibiotics. Although this test can still be performed, patients should be off all antibiotics for 2 days prior to collection. Consult with your healthcare provider before going off antibiotics.
- ✗ **DO NOT** — Contaminate the sample with period blood during menstruation. If possible avoid collecting sample during menstruation.
- ✗ **DO NOT** — Use Biofilm disrupting products. These agents may contain substances, like DNase, that can destroy bacterial DNA and inhibit your results. Consider instructing patients to pause the use of Biofilm disruptors for 24-48hrs prior to sample collection.



Scan to Watch the VAGINAL  
Sample Collection Video

### VAGINAL SWAB METHOD

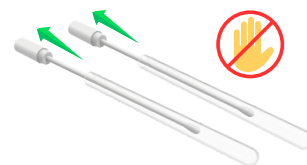
#### STEP 1

Clean the genital area with soap and water before collecting the sample.



#### STEP 2

Twist the cap at the dotted line to break the seal. Remove the Swab completely from the tube not letting your hands touch the swab beyond the break point.



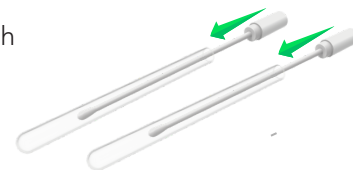
#### STEP 3

Hold the swab in one hand, use the second hand to separate the labia majora. Then carefully insert the swab into the vaginal opening 2 inches (5cm) past the introitus. **DO NOT** insert the swab further than 2 inches to avoid injury. Gently rotate while twisting the swab for 20 seconds around the interior walls of the vagina. The swab must touch the walls of the vagina to absorb the necessary moisture. When withdrawing the swab, do so without touching the skin. Use the second swab to repeat the sample collection using the exact same sampling procedure.



#### STEP 4

Insert the swabs back into the tube and push to securely close.



#### STEP 5

Put BOTH swabs in the lab bag and tightly seal.



SEE PATIENT INFORMATION &  
SHIPPING INSTRUCTIONS ON REVERSE



Correct packaging is vital to ensuring your sample is processed in a timely manner. Please follow the steps below.

## PATIENT INFORMATION

### 1. MARK SAMPLE

Use a permanent marker to write patient name, date of birth and sample collection date on both Vaginal Swab Tubes.



### 2. SIGN LAB REQ

Please have the patient sign the lab requisition form accepting financial responsibility. Be sure the physician has also signed the lab requisition form confirming consent.



### 3. INSURANCE INFORMATION

Submit patient face sheet and demographics with insurance information or both sides of a patient's insurance card. If this is a prepaid test skip this step.



## PACKING SAMPLES FOR SHIPMENT

1. Slide the folded Lab Requisition Form into the open back pocket of the Biohazard Bag.
2. Place both Vaginal Swabs into the center sealable pocket of Biohazard Bag.
3. **IMPORTANT:** Place only one Sample (*both vaginal swabs*) and one Lab Requisition Form in each Biohazard Bag.
4. Securely seal the Biohazard Bag making sure it is completely closed.
5. Place the sealed Biohazard Bag into the MicroGenDX Shipping Box (*\*shipping label already attached to bottom of box*).
6. Close the MicroGenDX Shipping Box and seal with the clear sealing sticker or a piece of tape.
7. **You can add multiple completed Biohazard Bags into the MicroGenDX Shipping Box.**



Place Sample in Center Pocket



Slide Folded Lab Req into Open Pocket



## 3 CONVENIENT FEDEX SHIPPING METHODS

1. Drop into FedEx Dropbox including FedEx locations.
2. For Physician Offices Only: Call for pick up 1-800-GoFedEx (1-800-463-3339). Say "agent" twice to speak to agent. Let them know it's a prepaid pick up.
3. For Physician Offices Only: Use our online "Schedule a Pickup" page at [www.MicroGenDX.com](http://www.MicroGenDX.com). **Make sure to retain your tracking number.**

